WELCOME TO THE VANG22 Virtual Australian National Gathering Sunday 15 – Sunday 22 May 2022



- **WHAT**: Annual AVP Australia Network gathering with online sessions
- WHEN: Up to 2 sessions each day from Sunday 15 to Sunday 22 May Session 1 - 5:30-7:00 pm (Eastern); 5-6:30pm (Central); 3:30-5pm (Western)

Session 2 - 7:30-9:30pm (Eastern); 7-9pm (Central): 5:30-7:30pm (Western)

- HOW: Australian AVP facilitators are invited to join these sessions on Zoom. (All sessions use the same Zoom link.) See the Zoom link and password in the promotion emails from the AVP Australia Network google group or contact <u>VANG.AVP22@gmail.com</u> No registration is needed, and all sessions are free. Please arrive 10 minutes early to ensure sessions start on time.
- WHO: Any Australian AVP facilitator (past & present) and T4F workshop graduates. Enquiries to <u>VANG.AVP22@gmail.com</u>
- **WHY:** This is an opportunity for Australian AVP facilitators to gather, build community, learn and have fun together.



VANG22 PROGRAM

Sunday 15 May

Opening 5 -5:30 pm (Eastern); 4:30-5 pm (Central); 3-3:30 pm (Western)

Contact: VANG.AVP22@gmail.com

- Acknowledgement of Country
- A WARM Welcome and introductory "Light and Livelies"

Session 1: AVP and domestic and family violence

Contacts: Gener and Graeme – Newcastle (1 person per screen for breakout rooms)

An exploration of the role AVP could play in relation to domestic and family violence, some of the risks and challenges, and some of the benefits and potential. This will be an interactive session with everyone invited to share their experience and insights.

Session 2: AVPI Manuals – How to find the new manual resources

Contacts: Jordan & Katherine – AVP International (Maximum 3 people per screen)

Exploration of manual material including the AVP Online Activities (blue) Library; AVP Online Continuing Learning (Red) Library; new AVP USA Basic Manual changes and contents; how to find collections of activities and agendas for online workshops, in-person workshops and specialised topic workshops and sessions.



Monday 16 May

Session 1: To be confirmed

Session 2: How to Rescue a Failing Workshop

Contacts: Jim & Merril – Western Australia (1 person per screen for breakout rooms)

Sometimes workshops seem to go off topic perhaps due to participants not taking it seriously or not observing some of the guidelines. What strategies can we use to get it back on track?



Tuesday 17 May

Session 1: A weekly, open Basic workshop

Contacts: Annette, Gener, Graeme, Jacob, Zoe – Newcastle (1 person per screen for breakout rooms)

Normally AVP workshops are closed groups (i.e., once the workshop has started, new people are not able to join the group). Newcastle has started weekly, 2-hour sessions as an open group (i.e., people can join at any week, and it is OK if they miss a week or two) leading to a Basic certificate. Once they have completed 18 hours and covered all the key topics, they will be given a certificate for a Basic workshop, and they will then be welcome to attend a normal Advanced and Training for Facilitators workshop. The workshops are being held in partnership with Samaritans' Recovery Point which provides support to people who are leaving prison and/or alcohol & drug rehabilitation centres. We found full day workshops were too intense for some people, and we wanted to provide flexibility that allowed people to start as soon as they were ready (and not have to wait until the next intake) and that recognised that other things (e.g., medical or legal appointments, anxiety) could get in the way of regular attendance.

We have been very happy with how the sessions have progressed and feel we have still built a sense of community. This VANG session we will provide a brief overview of our experience and then invite small group discussion of potential challenges and how they can be addressed.

Session 2: An Online Basic Workshop Session

Contacts: Julei, Kate et al. (1 person per screen for breakout rooms)

This is a sample of an online AVP Basic workshop session. This is part of session 3 (of 5 sessions). It covers the further exploration of the individual elements or keys of the mandala.

This session follows the initial introduction to Transforming Power.

Wednesday 18 May

In memoriam – 6:30-7: pm (Eastern); 6-6:30pm (Central); 4:30-5pm (Western)

Contact: Carmen – Sydney

Time to remember together some of the AVP family members that we have lost in the last couple of years.

Session 2: AVP Australia 2022 Business Meeting

A meeting to discuss and share the business of the AVP Australia Network.

Thursday 19 May

Session 1: Respect in Co-operation

(Experience an AVP Hybrid session)

Contacts: Claudia, Shannon & Anvita – Victoria (1 person per screen for breakouts)

Join us online as part of a hybrid session as we explore respect in cooperation. (Hybrid session – some people will be online, and some people will be on-ground).

More details on its format will evolve.

Session 2: The Importance of team building

Contacts: Jim & Selene – Western Australia (1 person per screen for breakout rooms)



A good team is critical to the success of the workshop and should mirror the community we want the participants to form. How do we ensure that the team will operate smoothly and efficiently together?

Friday 20 May

Session 1: First Friday

Contacts: Wendy & Phil (Sydney) & Lucy (Queensland)

Come and sample one of the weekly online facilitators' community building sessions.

Session 2: Facilitator Friday

Contacts: Julei, Kate et al. (1 person per screen for breakout rooms)

Come and sample one of the weekly facilitators' training sessions for new, experienced, online and in-person facilitators.



Saturday 21 May

To be confirmed: election day

Sunday 22 May

Session 1: AVP with young people in a flexible school

Contact: Francis – Queensland (1 person per screen for breakout rooms)

Exploring how we developed the AVP model at Jabiru Community College. What we tried, what we learnt and feedback from young people who have participated.



Session 2: Closing – AVP's got talent

Contact: VANG.AVP22@gmail.com

Come and celebrate the AVP Australia community together. Bring your musical instruments, L&Ls, stories and laughter.

